



| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
|  | <p><sup>1</sup><br/>Panko-Crusted Chicken Tenders with Creamy Whipped Potatoes<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Chicken for Vegetarian</p> | <p><sup>2</sup><br/>Veggie Chili with Cornbread<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p>   | <p><sup>3</sup><br/>Grass-Fed Beef Sliders with Tater Tots<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Beef for Vegetarian</p>                | <p><sup>4</sup><br/>Focaccia-Style Cheese Pizza<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p>   |
| <p><sup>7</sup><br/>Pasta w/ Slow Cooked Bolognese Sauce<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Beef for Vegetarian</p> | <p><sup>8</sup><br/>Olife Ole Taco Bar with Spanish Rice<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Beef for Vegetarian</p>                          | <p><sup>9</sup><br/>Chicken Pot Pie With Flaky Biscuit Crust<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Soy Chicken for Vegetarian</p>       | <p><sup>10</sup><br/>Cheese &amp; Zucchini Quesadillas<br/>Slow Braised Rice 'n' Beans<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p>                | <p><sup>11</sup><br/>Roasted Turkey w/ Gravy<br/>Whipped Potatoes<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Tofurkey for Vegetarian</p> |
| <p><sup>14</sup><br/>Italia Incredible 4-Cheese Lasagna<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p>                              | <p><sup>15</sup><br/>Artisan Whole Grain Cheese Calzone w/ Marinara Dipping Sauce<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p>                             | <p><sup>16</sup><br/>Turkey Burgers<br/>Crispy Fingerling Fries<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Veggie Burgers for Vegetarian</p> | <p><sup>17</sup><br/>Mouthwatering Meatloaf<br/>Diced Potato Hash<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit<br/>Black Bean Cakes for Vegetarian</p> | <p><sup>18</sup><br/>Veggie Pizza Squares<br/>Organic Steamed Veggies<br/>Fresh Organic Fruit</p>   |
| <p><sup>21</sup><br/>HAPPY HOLIDAYS!</p>   | <p><sup>22</sup><br/>HAPPY HOLIDAYS!</p>  | <p><sup>23</sup><br/>HAPPY HOLIDAYS!</p>  | <p><sup>24</sup><br/>HAPPY HOLIDAYS!</p>  | <p><sup>25</sup><br/>HAPPY HOLIDAYS!</p>  |
| <p><sup>28</sup><br/>HAPPY HOLIDAYS!</p>   | <p><sup>29</sup><br/>HAPPY HOLIDAYS!</p>  | <p><sup>30</sup><br/>HAPPY HOLIDAYS!</p>  | <p><sup>31</sup><br/>HAPPY HOLIDAYS!</p>  |   |





| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|--|---|--|---|
|  |  |   |  | 1<br><b>HAPPY HOLIDAYS!</b>   |
| 4<br>Pasta w/ Slow Cooked Bolognese Sauce<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Beef for Vegetarian | 5<br>Cheese & Zucchini Quesadillas<br>Slow Braised Rice 'n' Beans<br>Organic Steamed Veggies<br>Fresh Organic Fruit  | 6<br>Roasted Turkey w/ Gravy<br>Whipped Potatoes<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Tofurkey for Vegetarian | 7<br>Olife Ole Taco Bar with Spanish Rice<br>Organic Steamed Veggies Fresh Organic Fruit<br>Soy Beef for Vegetarian                    | 8<br>Chicken Pot Pie With Flaky Biscuit Crust<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian                                     |
| 11<br>Artisan Whole Grain Cheese Calzone w/ Marinara Dipping Sauce<br>Organic Steamed Veggies<br>Fresh Organic Fruit   | 12<br>Shepherd's Pie with Whipped Potato Crust<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Beef for Vegetarian                                  | 13<br>Grilled Cheese Sliders<br>Organic Steamed Veggies<br>Fresh Organic Fruit  | 14<br>Mouthwatering Meatloaf w/ Diced Potato Hash<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Black Bean Cakes for Vegetarian | 15<br>Foccacia-Style Cheese Pizza<br>Organic Steamed Veggies<br>Fresh Organic Fruit   |
| 18<br><b>NO SCHOOL!</b>  | 19<br>Panko-Crusted Chicken Tenders with Creamy Whipped Potatoes<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian             | 20<br>Veggie Chili with Cornbread<br>Organic Steamed Veggies<br>Fresh Organic Fruit   | 21<br>Grass-Fed Beef Sliders with Crispy Fingerling Fries<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Beef for Vegetarian | 22<br>Veggie Pizza Squares<br>Organic Steamed Veggies<br>Fresh Organic Fruit  |
| 25<br>World Famous 4-Star Mac 'N' Cheese<br>Organic Steamed Veggies<br>Fresh Organic Fruit                             | 26<br>Slow-Roasted Chicken with Broccoli-Cheddar Sauce and Fluffy Brown Rice<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian | 27<br>Italia Incredible 4-Cheese Lasagna<br>Organic Steamed Veggies<br>Fresh Organic Fruit                                    | 28<br>Turkey Sloppy Joe's<br>Crispy Fingerling Fries<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Tofurkey for Vegetarian      | 29<br>Brunch for Lunch: Cinnamon French Toast Served with Organic Chicken Sausage<br>Organic Steamed Veggies<br>Fresh Organic Fruit<br>Soy Chicken for Vegetarian |







| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|--|---|---|--|
| <p>1</p> <p>Organic Pasta with Slow-Cooked San Marzano Marinara Organic Steamed Veggies Fresh Organic Fruit</p>                             | <p>2</p> <p>Shepherd's Pie with Whipped Potato Crust Organic Steamed Veggies Fresh Organic Fruit<br/><b>Soy Beef for Vegetarian</b></p>  | <p>3</p> <p>Panko-Crusted Chicken Tenders with Creamy Whipped Potatoes Organic Steamed Veggies Fresh Organic Fruit<br/><b>Soy Chicken for Vegetarian</b></p>    | <p>4</p> <p>Teriyaki-Glazed Chicken Steamed Brown Sushi Rice Organic Steamed Veggies Fresh Organic Fruit<br/><b>Soy Chicken for Vegetarian</b></p>  | <p>5</p> <p>Artisan Whole-Grain Cheese Calzone Organic Steamed Veggies Fresh Organic Fruit</p>                                       |
| <p>8</p> <p>Pasta w/ Chicken in Creamy Parmesan Sauce Organic Steamed Veggies Fresh Organic Fruit<br/><b>Soy Chicken for Vegetarian</b></p> | <p>9</p> <p>Extra Cheesy Quesadillas w/ Black Beans 'n' Rice Organic Steamed Veggies Fresh Organic Fruit</p>   | <p>10</p> <p>Crispy Chicken Slider with Farmhouse Potato Gratin Organic Steamed Veggies Fresh Organic Fruit<br/><b>Grilled Cheese Slider for Vegetarian</b></p> | <p>11</p> <p>Mouthwatering Meatloaf w/ Diced Potato Hash Organic Steamed Veggies Fresh Organic Fruit<br/><b>Black Bean Cakes for Vegetarian</b></p> | <p>12</p> <p>Focaccia-Style Cheese Pizza Organic Steamed Veggies Fresh Organic Fruit</p>   |
| <p>15</p> <p><b>NO SCHOOL</b></p>   | <p>16</p> <p>Turkey Burger w/ Tater Tots Organic Steamed Veggies Fresh Organic Fruit<br/><b>Tofurkey for Vegetarian</b></p>  | <p>17</p> <p>Chicken Pot Pie With Flaky Biscuit Crust Organic Steamed Veggies Fresh Organic Fruit<br/><b>Soy Chicken for Vegetarian</b></p>                     | <p>18</p> <p>Pasta w/ Meatballs in Slow-Cooked Marinara Sauce Organic Steamed Veggies Fresh Organic Fruit<br/><b>Soy Beef for Vegetarian</b></p>    | <p>19</p> <p>Olife Ole Taco Bar with Spanish Rice Organic Steamed Veggies Fresh Organic Fruit<br/><b>Soy Beef for Vegetarian</b></p> |
| <p>22</p> <p>Healthy Organic Fettuccine Alfredo Organic Steamed Veggies Fresh Organic Fruit</p>   | <p>23</p> <p>Brunch for Lunch: Cinnamon French Toast Served with Organic Chicken Sausage Organic Steamed Veggies Fresh Organic Fruit<br/><b>Soy Chicken for Vegetarian</b></p> | <p>24</p> <p>Roasted Turkey w/ Gravy Whipped Potatoes Organic Steamed Veggies Fresh Organic Fruit<br/><b>Tofurkey for Vegetarian</b></p>                        | <p>25</p> <p>Grass-Fed Beef Sloppy Joe's Organic Steamed Veggies Fresh Organic Fruit<br/><b>Soy Beef for Vegetarian</b></p>                         | <p>26</p> <p>Veggie Pizza Square Organic Steamed Veggies Fresh Organic Fruit</p>   |
| <p>29</p> <p>World Famous 4-Star Mac 'N' Cheese Organic Steamed Veggies Fresh Organic Fruit</p>   |  |   |   |  |

