



September 2019

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Arroz con Pollo Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	4 Cheesy Beef + Macaroni Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	5 Cider-Glazed Chicken Creamy Whipped Potatoes Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	6 Artisan Whole Grain Cheese Calzone Organic Steamed Veggies Fresh Organic Fruit
9 Healthy Organic Fettuccine Alfredo Organic Steamed Veggies Fresh Organic Fruit	10 Greek Chicken w/ Rice Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	11 Chicken Enchiladas Suizas Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	12 Pasta w/ Slow-Cooked Bolognese Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	13 Thin Crust Cheese Pizza Organic Steamed Veggies Fresh Organic Fruit
16 World Famous 4-Star Mac & Cheese Organic Steamed Veggies Fresh Organic Fruit	17 Orange Chicken Chow Mein Noodles Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	18 Olife Ole Taco Bar Spanish Rice Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	19 Turkey Sloppy Joes Organic Steamed Veggies Fresh Organic Fruit <i>Tofurkey for Vegetarian</i>	20 Baked Pasta Caprese Organic Steamed Veggies Fresh Organic Fruit
23 Pasta w/ Meatballs in Tomato-Basil Sauce Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	24 Panko-Crusted Chicken Tenders Creamy Whipped Potatoes Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	25 Chicken w/ Cheesy Broccoli and Rice Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	26 Pasta w/ Nut -Free Pesto Organic Steamed Veggies Fresh Organic Fruit	27 Brunch for Lunch Cinnamon French Toast w/ Organic Chicken Sausage Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>
30 Cheese Tortellini w/ Alfredo Sauce Organic Steamed Veggies Fresh Organic Fruit				





October 2019

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Crispy Chicken Slider w/ Tater Tots Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	2 Mouthwatering Meatloaf Creamy Whipped Potatoes Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	3 Pasta w/ San Marzano Marinara Sauce Organic Steamed Veggies Fresh Organic Fruit	4 OL Personal Pan Pizza Organic Steamed Veggies Fresh Organic Fruit
7 Italia Incredible Four- Cheese Lasagna Organic Steamed Veggies Fresh Organic Fruit	8 Arroz con Pollo Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	9 Cheesy Beef + Macaroni Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	10 Teriyaki-Glazed Chicken Steamed Sushi Rice Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	11 Artisan Whole Grain Cheese Calzone Organic Steamed Veggies Fresh Organic Fruit
Columbus Day 14 Pasta w/ Slow-Cooked Bolognese Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	15 Greek Chicken w/ Rice Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	16 Bean and Cheese Quesadillas Spanish Rice Organic Steamed Veggies Fresh Organic Fruit	17 Healthy Organic Fettuccine Alfredo Organic Steamed Veggies Fresh Organic Fruit	18 Brunch for Lunch Cinnamon French Toast w/ Organic Chicken Sausage Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>
21 World Famous 4-Star Mac & Cheese Organic Steamed Veggies Fresh Organic Fruit	22 Primo Chicken Parmesan Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	23 Olife Ole Taco Bar Spanish Rice Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	24 Turkey Sloppy Joes Organic Steamed Veggies Fresh Organic Fruit <i>Tofurkey for Vegetarian</i>	25 Baked Pasta Caprese Organic Steamed Veggies Fresh Organic Fruit
28 Pasta w/ Meatballs in Tomato- Basil Sauce Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	29 Panko-Crusted Chicken Tenders Creamy Whipped Potatoes Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	30 Chicken w/ Cheesy Broccoli and Rice Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	31 Halloween Cheese Tortellini w/ Alfredo Sauce Organic Steamed Veggies Fresh Organic Fruit	





November 2019

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1 OL Personal Pan Pizza Organic Steamed Veggies Fresh Organic Fruit
4 Pasta w/ San Marzano Marinara Sauce Organic Steamed Veggies Fresh Organic Fruit	5 Crispy Chicken Slider w/ Tater Tots Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	6 Mouthwatering Meatloaf Creamy Whipped Potatoes Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	7 Pasta w/ Chicken in Creamy Parmesan Sauce Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	8 Artisan Whole Grain Cheese Calzone Organic Steamed Veggies Fresh Organic Fruit
Veterans Day 11 Italia Incredible 4-Cheese Lasagna Organic Steamed Veggies Fresh Organic Fruit	12 Arroz con Pollo Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	13 Cheesy Beef + Macaroni Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	14 Cider-Glazed Chicken Creamy Whipped Potatoes Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	15 Brunch for Lunch Cinnamon French Toast w/ Organic Chicken Sausage Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>
18 Pasta w/ Meatballs in Tomato-Basil Sauce Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	19 Greek Chicken w/ Rice Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	20 Olife Ole Taco Bar Spanish Rice Organic Steamed Veggies Fresh Organic Fruit <i>Soy Beef for Vegetarian</i>	21 Turkey Sloppy Joes Organic Steamed Veggies Fresh Organic Fruit <i>Tofurkey for Vegetarian</i>	22 Baked Pasta Caprese Organic Steamed Veggies Fresh Organic Fruit
25 World Famous 4-Star Mac & Cheese Organic Steamed Veggies Fresh Organic Fruit	26 Panko-Crusted Chicken Tenders Creamy Whipped Potatoes Organic Steamed Veggies Fresh Organic Fruit <i>Soy Chicken for Vegetarian</i>	27 Oven-Roasted Turkey w/ Gravy, Stuffing & Sweet Potatoes Fresh Organic Fruit <i>Soy Turkey for Vegetarian</i>	28 Thanksgiving Day	29

